

PREPARING FOR CONTACT: “PATH FOR EXOCONSCIOUSNESS ”

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This research is based only on existing referred public research and testimonies and personal assessments and views and does not commit anybody else

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INTRODUCTION: : -WHAT ARE THE ILLUSIONS, THE RISKS AND THE DUTIES? -

In the process of being prepared for contact, there are several aspects which come together. This is a matter of logic, but above any logic this is also a matter of synchronicity for which the humankind is defining and finding his real place.

To achieve his freedom since a few thousand years, the human has accomplished a number of things, **technical, social, mental and spiritual. We are now at the crossroad where all these progresses are close to change the category** and it is better to know why this is going to happen and what are the challenges, because this will not wait for us individually.

The objective of this research following an assessment here in this Introduction (CH 1) **of the illusions, the risks and the duties related to the cover up, is to prepare governments and citizens for an unavoidable contact** and this to be in the best conditions with **“an adequate disclosure method and process”** (CH II) which is to be followed also by **an appropriate method and process for “Comprehensive Contact Diplomacy”** (CH III) and finally this is translated in what might be as a **matter of synchronicity** the evolution for our consciousness into **“exo-consciousness”,** (CH IV) in this raising movement of **“global citizen awakening”**.

A- Illusions of the cover-up and today related issues

If we are victims obviously of our own limits and illusion there are also **organized collective illusion** such as **this specific cover-up.**

This cover-up has been thorough fully organized from the 50's in USA, **as UFO were a “common knowledge” in the military circles** (Colonel Corso, ref 1 and Lt Col Donald M Ware, ref 2) . For that reason, I will not develop and discuss the skeptic argument, as this is not the purpose of that specific research document.

Since the 40's and 50's, having, too many cases of unexplained testimonies, to avoid a general public investigation and concern or fear and over reactions, the government has adopted the strategy of the cover-up. Citizens were considered not ready for that disclosure (ref option of not revealing the truth in the Einstein-Oppenheimer briefing - ref 3) . Therefore, Intelligences have ensured both the cover up and a systematic debunking. The government was also not ready to deal with such unexplained phenomena.

One consequence of that cover-up has been the growing power, more and more of the “military industry complex” by leaving them controlling their own expansion strategy by using black projects and being connected to the main finance powers also known today as the “deep state”.

There is consequently from that time of the 50's a deviation from what I believe the relatively good initial intentions, to protect the humankind from beings in trouble with fears and unsolvable questions as that cover up, became institutional, and somewhat symptomatic as it is proven and recognized today by many testimonies that

- **We are now the stage where humankind is suffering more from the cover-up, and the debunking of real cases, than facing the disclosure,** and this also which could solve current and urgent basic survival needs, by investigating new solutions.
- **The challenge of disclosure for our civilization** is also to be put **in parallel with the synchronized challenge we face in our consciousness to expand and shift** from a left brain and ego driven mind and civilization to a heart centered civilization. This is the synchronicity of the coming change into what I believe a more advanced but also more spiritual new age.

Not that citizens cannot made this change on their own, but more that the structure and the rigidity of the establishment cannot allow to go further on that move. So, there are some more preparatory efforts

to be made to both sides, **the side of the governance and the side of the citizen awareness**, this is part of a true **“educational frame/paradigm for disclosure”**, that we have to build.

Colonel Don Ware (ref 2) is presenting extensively what the **“Government Covert Education Program”** was until now, and therefore I believe that from today we should have the reverse program which could be an **“Educational Frame/paradigm for Disclosure”** for the reason of the above status quo, cover-up and related damages. In his paper (ref 2) Colonel Don Ware mentioned that **“science and spiritually are two faces of the same coin which cannot be separated”** and I agree that there is nothing more true, than this, because if we believe that **“our path on this world is to know ourselves”**, what can be more going in that perspective than to re-create life, from understanding? Using science, creating again **perception senses (optical and any sensors systems), move (cybernetic), our brain (AI, neural nets), our ADN, (genetic, biochemistry and Physic)**. It really seems that we are only mirroring ourselves and our own nature?

Also, for these reasons using these progresses against ourselves is really foolish with a risk of auto-destruction and instead of going even further in future under the light of the divine?

- **By using sciences and recreating us like in a mirror**, finding what may even enhance us, with extra powers, like extra strengths, infinite transports, extra vision, and we might eventually see, and finally **what we might already have in ourselves from the inside?**
- **When this link between science and spirituality become so obvious that it becomes part of ourselves**, we cannot do and never do wrong, **this understanding might entirely be part of our natural evolution, eventually becoming even interdimensional.**

Finally, several contactees having worked for the governments due to that cover-up have deeply regretted to have worked for these intelligent services or labs, may be also becoming whistleblowers, had their life just became a nightmare. **What a reward from our Nation, when someone want sincerely to serve it and at the end get spied and threatened? This is the kind of last true individual and governmental illusion, contradiction and testimonies that we have.**

B- Risks for the Nations and for the Citizens:

1- Risks for the Nations and the society

The necessary originally controlled matrix might possibly have reached its return point, or its “maximum sustainable point”, by being based on a culture of fear, but also based on “profits without ethic” as ethical barriers disappear behind anonymity created by the various screens hiding societies and administrative decisions:

- Therefore, **the leading nations have created “too many black projects”**, research separation between official and unofficial, which should not also be split, for human safety and also ethics
- This is the real risk **that we have passed the limit of what can be done.** Having possibly passed without scrutiny the tolerable limits, this should not remain any more secret, **but only be disclosed accordingly.**

2- Risks for the Citizens

Since the 1950s the ET presence, is well known and even recognized from insiders, as the UFO activities are particularly intense in USA or in large countries such as Russia and China (about one radar observation per day - ref. 4). However, the policy has been to hide under secret these activities. Instead of officially studying them and trying to find what could be the added values for the peoples according to their real needs.

Obviously, the denying, debunking of individual citizens have been and are maintained **under the pretext of illusory risks, as we can see that there are only risks for the elite and not the citizens, if we look at what might be the real risks of disclosure:**

- **Some citizens are already in contact, they find their contact enriching, and say there are benevolent, as malevolent exists but are in minority (see Chapter IV)**
- **They are also good reasons to hide truth, which is to focus on reverse engineering for industrial hidden programs and to serve the military industry complex, and little comparatively serving the humanity, when we see our current surviving and evolution need (i.e., health, global warming, anti-gravity). Therefore, such practice serving the deep state instead of we the people should be reversed to provide and search for what we really need at that crossroad and synchronicity time**

➔ **Real risks are therefore much more on our side: by continuing our hopeless race toward environment, social and health destructions, ignoring or preparing defense toward fictive threats, than from aliens.-**

Can we imagine that the two most important military industry complex (China and US) are spending the most for arms and providing components to each-others! To fight which imaginative war? between each other? or against a never declared and highly impossible alien war?

C- Related duties for a “Comprehensive Governance”

To summarize, our status, doing an abstraction of “the risks and their illusions”, we can see that leading countries as any human being have **two basic duties which are pre-condition for surviving** and which are:

- 1- **Peace duties:** Stop the expenses for arms, **destroy massive destructive arms, bioweapons and close all related labs**, which represent massive threats for survival
- 2- **Tackle all other survival issues:** if the Disclosure can help, by officializing hidden research with ETs or on ETs technologies, this must be done urgently for our well-being, **but at first tackle most urgent health and environment survival issues.**

So, let’s do it and work on it together!

II : TOWARD A « COMPREHENSIVE CONTACT DIPLOMACY »: -Method and Process: Policy Implications for Governments vs Civil Society -

A- The “free-willing” factor

If there are “benevolent ETs” in charge of helping us that some peoples may call angels, their policy is clearly not interventionist into our daily activities

I believe this might be the best assistance we can expect, if at some point, an intervention only occur in the cases of major disasters or eventually to influence major some unfortunate humankind decision which could jeopardize the future i.e., the whole humankind and earth existence and their original purpose. “Benevolent’ or watchers” ET intervention is a factual and general observation for many catastrophic nuclear cases or a-posteriori incidents, (e.g., ref 5) or also eventually showing up with only pure and disinterested communication demand as it is the case with the South America new schools of contactees (Ref 6)

I would stick to the ancient **proverb “God help those who help themselves”**. Indeed, this is only meaning that we should first believe in life and that fundamental life origin is good and above evilness and this forever and everywhere. I believe also that it is the only way to grow in wisdom by overcoming evil, nihilist, madness or suicidal trends which **require first a 99 % personal effort.**

We are growing intelligent and spiritual beings on a common universal ground, we need first to be strong and well fixed and as any other tree in that universe we have our role to play in our full integrity. **This**

does not prevent to communicate, interact and propose or ask for some services for some key issues, to these “Benevolent’ or watchers”” entities and we should do so, as we should cooperate to the whole gardening altogether.

We are at the image of the above and vice versa, however the density where we are, implies that the “specification level” need to have been good enough to perform the required missions and purpose of our life. It does also imply not to be disturbed by dual vision and negative karmic elements which can always be present at lower density.

B- Disclosure steps by steps: what does it means?

For various reasons, there are still many supporters of the “secrecy policy” in the governments and in Intelligence’s services.

However, to refuse the right to know what is good for the peoples, such as

- i) being aware of the deep state negative influence and also
 - ii) being aware too of the Benevolent ET races who are ready to help us,
- is a kind of treason to the human species, refusing their evolution, continuing building and eventually using massive and space destruction arms, continuing global warming, etc.**

Therefore, the proposed strategy **is to disclose the truth layer by layer to all citizen in such a way that these negatives cover up policies jeopardizing our survival can finally be revised** and therefore this should be seen as the best thing and opportunity which could happen. It will set up to our civilization new objectives, without which our civilization might collapse very soon. This could be roughly the order of the three important first steps and categories of disclosure

- 1- First the deep state’s wrong- doings should be widely disclosed to change behaviors,**
- 2- Second: to disclose the benevolent races existence and**
- 3- Third: to disclose the existing agreements, to have scrutiny and revision of them according to our real people’s needs.**
- 4- Moreover, I would recommend that an immediate full disclosure is promoted and organized for a “selected set of the most enlightened and hopefully also most powerful people”, that the right decisions can then be taken accordingly and quickly.**
- 5- The political system need also to be changed in the way that reversed technologies are only used to upgrade our education and to serve citizens, but never to serve individual powers and greed,**

We need to come back to a peaceful civilization on the whole earth with the help of benevolent races or “earth keepers” and this is the only way to evolve and to do not destruct ourselves which would happen continuing this way.

C- The way forward for Citizen Diplomacy

The concepts of “Citizen Diplomacy” have originally been created for Peace Building and Conflict Prevention matters with **the double aim to bring the necessary relevant expertise from the Civil Society and to involve all key relevant actors.** This is to enable **“the implementation of a constructive diplomacy from development, cooperation to peace building and conflict resolution”.**

This is what happen in the UN mission, and as there is unfortunately not so many overlaps du to worldwide capacities limitations, EU and OSCE peace and citizen missions are also added for African and European zones where their necessary presence demonstrate the needs, the coverage limits of these

actions (about 40 peace mixed civil/military missions in total), which cannot be ensured by only one actor with limited capacities such as the UN.

Earth diplomacy is really the typical playground and testimony before we may have possibility to go up to an “extraterrestrial diplomacy” and export our own know-how. **It is justified I believe:**

- 1- **To question when citizen diplomacy might be used to revise “any agreements” with outer or inner non-human races which could have already been decided, by some elite, and if**
- 2- **To consider establishing “political dialogues” with full appropriation and inclusivity from the peoples and therefore intervene from the earliest phases and upstream decision-making level much before the tensions and conflicts are declared.**

Control on « related ET projects » have been moved since the 50’s to hidden and private interests and it is why they are called « black projects » (Ref. 7, 8, 9). All that implies a « secrecy policy » contrary to any organized citizen participation and contrary their own interests.

As a consequence, citizen diplomacy efforts (with progressive relevant clearance) can only be two-fold:

- 1) **« Require the end of the secrecy », because this is a real exploitation of the civil society life, and request « the return of black projects and related black budgets under the official governance control »**
- 2) **Request « an official recognition and involvement of credible and recognized citizen diplomacy organisms and their respective representatives » into official government discussions-negotiations-agreements (Track 1 discussions)**

Finally, about the “long run citizen diplomacy” role and contribution, as the citizen diplomacy is currently based also on intuitive and telepathic contacts, a little like “we develop friendship”, this is naturally turned toward “positive entities” and as **for any valuable diplomacy and for the long run, the most important points are to ensure peace, and respect of each other** and then we can look next after needs and related cooperation. This is essential with a “Galactic brotherhood”, to work:

1. **First on the guarantee for peace, for our respective rights and our free willing,**
2. **Second on assistance for education, health, well-being of people and the society, on the rapid without harm, progress and the development of our civilization and on its well-being management,**
3. **Third and finally on the eventual proposed compensative measures to this ET friendly family (it can be several ET races as part of that brotherhood) considering the two previous steps are respected.**

D- Moving from “Power Politic” to “Holistic Politic and Holistic Diplomacy”

- *Inclusiveness of Civil Society and the reintegration of black projects* -

Although Colonel Corso is quite sincere and wanted disclosure at the end of his life (ref 1), he is victim of his profession imposing to him to always be military ready for an attack. As it is commonly said the **“best defense is the attack itself”**, so there is a serious risk keeping such systemized strategy for Extraterrestrial matters even losing the possibilities to find whom are our real allies. Moreover, the militaries are manipulated by the military industry complex, for which the wars are their source of profits. They might also be above the law, not giving taxes, using kick back and fiscal paradises, without any possible state control.

Instead of “Power policy”, a “Defense Policy” which should be limited to only retorsion and readiness are valuable tools. The surgical precision might also be used some time, but in a proportionate way. As in justice also for UFOs, 1) there should be the presumption of innocence (not attacking if no proof) 2) the attack should be proportionated to the real threat, **and as in medicine the holistic approach may reveal its full potential:**

As part of an “holistic politic and diplomacy”,

1) *the inclusiveness of Civil Society and*

2) *the disclosure and the reintegration of black projects are essential elements*

1- Inclusiveness of Civil Society for “Diplomacy Agreements” and projects involving other races

Agreements should be defined and accepted in the context of a “Earth- non-Earth or non-human races” diplomacy and as well as related Strategies or Agendas. Such decision are normally taken at the highest military level, such as generals and with mandate, consultation and agreement from the Presidency (when not fully hidden by secret services and **hopefully for future in full transparency together Government/Congress**), but **why not extend at a post disclosure stage, to the civil society with the necessary clearances?**

All militaries and civil servants **and civil society who might contribute** have the obligation to serve their country, denounce treasons, and eventually their hierarchy in case internal ethical rules or highest interests would not be applied. **Moreover, the cooperation of work with the “military industry complex”, should be on a demand basis from the military and not the opposite**, and finally it should be filtered by the scrutiny and decision-making process of the Congress and the Government. **This particularly in regards of the respect of the international convention against the militarization of spaces and the use of weapons of massive destruction.**

Therefore governments would have to adapt to the following to enable the necessary changes:

- 1. Recognise the “cosmic multi-dimension” of any being and therefore any human, by giving more and more power to peoples and citizenship, by increasing transparency of decisions and**
- 2. Set up a full decisional parity system between Governments and Civil Society representatives, (which as not yet been reached).**

I believe that societies or collective groups not agreeing on such basic rules are just excluding themselves from “these collegial brotherhood efforts” which are indeed taking place. Moreover in such a way there would not be any contradiction with the administrative/military/security frame, it would be less influenced by biased lobbies or the deep state, and it could be complementarily harmonised.

I believe this ordinary civilian involvement and trend of the galactic diplomacy is complementary as it needs to be worked together at the same time with a “global citizen awakening” which may develop.

It started already from very sincere civilian contacts with the “galactic brotherhood”, “contact has begun”. This possibility is indeed given to all earth citizen to communicate and unite with meditation and telepathy to spiritually advanced aliens.

- 3. More there will be a “global citizenship awakening” about the “Galactic Brotherhood”, more spiritual values will be present on earth and will take shape there, and we will be helped for that.**

As an “**International Agenda disclosure and contact Strategy**” if not yet done, this is to be progressively set up with the relevant information, details, scenarios and discussions. **As part of such strategy, should be also clearly outlined risks, limit conditions, advantages and gains, both technical, social and spiritual, to cooperate with the races of Extraterrestrials, for which the best opportune decision and roadmaps have to be openly taken.** In the context of such established frame decisions from the highest decisional levels could then be quickly revised and set up bilateral agreement established with the relevant clauses and clearances. It is generally admitted **that most of the ETs are more spiritually advanced than us. If a race would not respect basic human ethics or practice for instance doing “human trafficking”, this race (as any human) should be disqualified from start and never be associated in any agreement.**

2- The issue of the reintegration of the black projects (ref 7, 8, 9)

Disclosing Extraterrestrial presence without disclosing the deep state in charge of the black operation would make it more difficult. If we could focus on disclosing together the decision-making process, the deciders contractors for these projects and the black budgets, it will be easier to sanitize the situation.

Now if we divide the black budget into two budgets the official and the non-official black budget it will be surely easier to disclose and regularize first the official with its corresponding projects and shift them into the newly created US Space Force. Then we would have to try **to move the unofficial budget into the official budget, but for that two things would be necessary:**

- 1- Inventory examining the eventual ethics infringements of these projects, to see how to deal with that (stop, prosecute, ignore?),**
- 2- Inventory examining the origin of this unofficial budget to regularize it**

This would imply a deep scrutiny on all the private assets of our currents main Banks and main Corporations and a reform on the current taxes for these main richness (changing the current wealth ratio distribution, and their world-wide loan interest rates).

Disclosing what might be unethical, by the population is very sensitive, it is even more sensitive if these abuses would be performed by non-human races, which could cause serious sources of conflicts. **So, that these aspects have to be taken step by step, keeping strong our values and ensuring progressive success both in our successive disclosures and agreement ethics and implementation and obligatory scrutiny.** |

III : PREPARING FOR CONTACTS: -Method and Process: Pre-conditions and basic measures to be taken

A- Populations – Civil society

When Authorities from local to global may decide to prepare the population for extraterrestrial contact. I have two observations:

- 1) The first being that for any extension toward new horizons, if there is no intention to abuse our neighbors, there will be no problem.**
- 2) The second observation is that our future exchanges and cooperation with our neighbors have to be based on an “added value policy”. With such pre-condition this would exclude any problems i.e., by performing any action or exchange bringing “an added value”, and therefore excluding or not allowing any harming cooperation or which could not be controlled and absorbed in the best way.**

With such measures and policies to respect these two observations, the time of conquests and conflicts is over. So, what I propose to local government **is to tell the populations three positive**

messages and no negatives message, because there is no reason to frighten people and because there is no reason having any fear excepted may be further control of the deep state:

1. **“I have a good new, under god creation, we are not alone”**,
2. **“There are other beings which are there not to annoy us or to make trouble, but who will eventually help us”**, and
3. **“We are now already working on the best policies to identify the added values and only these values for such cooperation”**.

I believe that our earth until now has been “a useful play-ground” to reach already this stage of evolution. Historically we have been progressively struggling and finally understanding successively each-others, from the village levels, the counties level, the provinces, the states, the races, the nations, and up to the world-wide main geopolitical blocks.

- These geo-politics blocks are now unifying but at the same time dividing in two, an elitist excessive AI matrix and a **global civil society more and more wake-up to be also progressively educated in order to take a new place and have a participation beyond this last division and this above manipulation and eventually up to the galaxy.**
- This is our new age challenge to withdraw from ignorance and become enlightened to the universal truth which is beyond any egocentrism and this truth may be present both at local level and on Jupiter, Mercure, the Sun or even the core of the Galaxy, **and this can be a common understanding and consciousness between all planet, citizens and any galactical being.** This is what I would call the **“Galactic Brotherhood”**.

B- Officials – Governance: What can we conceive as reasonable briefings for officials?

In 1947, due to the intense activity of UFOs and several crashes, possibly induced by emitters radars, which are disturbing their navigations systems, several briefings emanated from the government and some scientific such as the Opeinheimer - Einstein Briefing (ref 3) ; Since that time, the knowledge, despite the cover-up has considerably progressed and the briefings could be much be better elaborated.

For instance, **the excellent documentary from José Escamilla ref 10, is a tremendous, very structured and very useful work.** Nevertheless, we could add on the same structure and for the wide public many more witness testimonies and documents providing details and figures and some deeper analysis for some important topics such, **as the deep state (ref 11) , the black projects (ref 7, 8, 9), the SSP (ref 12) and the forbidden technologies (Ref 13). Finally, we also should present to the wide public the basic anthropologic coverage of the ET races (Ref 14).** I mean that it is useless to demonstrate their presence, if we are not able to present the anthropologic pattern of these races (ref 14) to help peoples to overcome their fears, for instance explaining that they are usually inoffensive, that we are all under the same universe and they are good and that is a necessary step of our evolution, **which is also the result of the work of the Hawaii declaration (ref 15A), followed as an exemplary case by the official endorsement governmental welcoming to ET races by the government (ref 15B).**

Moreover, if this documentary is very good for the wide public, for the briefing for the officials and governments, **it must be accompanied with basic policy guidelines for the disclosure .** I know that Steven Greer, and some other have made some official briefings as their background and work is so important for that whole process (Ref 16) . If the past works briefing are obviously excellent and very knowledgeable, I think that it might be important **to complete it with what we think what a government policy should be for the disclosure to happen, i.e.:**

1. Ask the governments to a) end the criminality of the black projects by b) auditing and sanitizing all these projects and their budget c) revising the clearances and the security rules.
2. Provide governments the necessary anthropologic basis for Alien races with which we are in contact
3. Ask governments the existing agreements for access to the relevant experts (under clearance when necessary, for update or revision) ii) and for information provide, governments the on-going protocols for citizen diplomacy and example (e.g., type CE-5)

C- Current Status of Government Agreements and Citizens protocols

1- Government Agreements (ref 17)

There should already be agreements that extraterrestrial have agreed for activities on our zones such as USA, with two guarantees, not necessarily respected: **the first to do not disturb human life and the second to be very discrete to do not create wrong interactions, wrong-doing, and any possible reactions including those from militaries, until further revision of the treaty.** We know that these frontiers agreements are difficult on all our current borders, between any nation, but we cannot avoid them. In the disclosure context they have to be progressively known from the public or if not known to the relevant clearance levels and peoples.

Moreover, if a race has requests against our ethics, we should refuse them and abort the agreements, with retorsion if not respected. There is a difference in being prepared and be ready to shoot. So, for instance the weaponization of space which already exist in the SSP (ref. 12), is better to be disclosed than hidden and **readiness cannot imply to take risk such as putting nuclear material in orbit which should be therefore excluded.**

2- Citizen Protocol

At this moment there are 5 levels of contacts which have been categorized. The three first level were already part of Dr Hinek's system

The first being the sighting of ET craft with no physical interaction with the physical environment. This sighting has been the object of numerous official reports from the most advanced national authorities since the 50's.

Analysis of location, sources, questions to witness, have been made, this providing global probabilities of the phenomena, in terms of quantities, frequencies, technical advance and known or unknown origins such as "not known terrestrial origins".

The second follow the sighting of the ET craft when we have the physical evidence after landing, with traces such as electromagnetic effects, radiations, vegetation burned or ground and weight traces.

The third might be the observation of the space craft occupant either inside through the observatory front cabins has it happen once in turkey, or seeing them walking in isolate places like, high mountains, deserts, forests has it has been observed many times by many very credible witnesses, not even believing or being interested before in ET and UFOs.

Dr Hynek's established a 4th category, **which is for instance the experience of "being on board of an ET craft"**, with loss of time and related fractions of memory, mostly correspond to the category of the abductees and close encounters.

But the good knowledge or awareness of this experience is relatively new (since the 50's) and is also common in a less frequent or detailed description with some contactees. (Billy Meier, Alex Collier, Corey Goode, Amery Smith, etc....) , whom after having established their contacts by telepathy for some or as part of the black projects have consciously been in those space craft.

Finally, as it is clearly mentioned by many persons involved in exo-politic (Paola Harris (ref 18), Paul Hellyer (ref 19), Steven Greer (ref 16) and also from contactees such as Ricardo Rodriguez (ref 20), Juan Rochin, Luis Fernando Mostajo (ref 21) that many of ET Races are spiritually advanced, and therefore it may explain why these “on boards experiences” are also presents in astral travels by being captured or attracted on the 5th density. In that way, descriptions are also provided with details either from this astral body or supposedly from a “temporal clone body” for the time of the experience.

These categories of contacts have been largely explored by many well-known psychologists or psychiatrists, who wrote books of their own cases compilation of hundreds of abductees or even traumatized patients eventually using hypnotic regressions for “better or optimized recalls” of events and better recovery too, scenes and details (e.g., Richard Boylan (ref 22), John Mack (ref 23), Linda Moulton (ref 24), etc...)

Finally, the 5th Category is the “Human Initiated Contact with ET”.

This is from that level that really start what we call the “**citizens protocols**” (ref 25). Since the 90's, many groups have progressed on that path obtaining some contacts with their own now established protocols .

The most generic and systematized is the one from Steven Greer, which is now worldwide with the “**CE-5 apple store application**” (released this year in 2020, see Annex A this new “CE5 Contact’ I-phone application explicative notice).

To receive an objective sign from UFOs, Steven Greer measured with his teams contacts **a success rate or ratio of one versus six CE-5 tentative**, if made fully according to his protocols.

More-over there are South-American's contactee teams who can now organize same events with visible signs or event visits on a pre-planned schedule according to time and very discrete location proposed telepathically by EBEs with whom there in contact.

This kind of “prepared contacts”, present the enormous advantage to go beyond the simple contact with such recognized “benevolent races” **by defining a kind of strategy a) on the way of contact as well as b) on the objective of the contacts and c) their follow-up from the ground teams and finally this d) for the earth citizens to know about.**

It may start with simple, sincere and genuine events to express brotherhood and universal unity and asking for some inter-stellar contacts with “benevolent races”. It is indeed, but it define a new science of the mind and the consciousness that some courageous pioneer have started to explore.

IV : PATH FOR EXOCONSCIOUSNESS

A- Exoconsciousness

It seems quite audacious and risky to speak about « exo-consciousness », nevertheless, there are very knowledgeable pioneers in this domain of the mind (Ref 26) which did not hesitate to build the first pillar of that new knowledge.

Rebecca Hardcastle Wright defined “Who is an Exoconscious Human” by the following:

“Exoconscious Humans, ETs and multidimensional share a conscious reality. Gradually, ET contact integrates with a definition of Self, until a person self-identifies with cosmic consciousness. In these cases, shared consciousness, contact, communication, and co-creation defines their worldview.”

To do no fear the “unidentified entity” is obviously a good path chosen by this new science, as it can related to do not fear the “other” that are looked after in Freud or Jungian psycho analysis. How far can we expect that the “other” mystery and integration to the self can go?

Does this mean that ET contacts have to integrate the self until the self-identification could go up to cosmic consciousness? Such exoconsciousness definition is possibly relatively risky in the sense that it encourage to build our identity on unknown “external identities” which might be too fast as long as we are not seeing these identities as already welcome and part of ourselves. So, my view is more that the self might be better first extended to a cosmic level or perception and its higher self that it can take on board and communicate later on with any entity. I mean that looking for contacts, without having done the homework which mean dissolving our ego by seeing and understanding its “nothingness” and then possibly extend accordingly the mind to the infinite, could eventually lead to serious illusions or problems of the self.

B- The Cosmic Labyrinth

How, Christ consciousness and higher self could not be linked to stars and planets. This is what we find also in archeo-astronomy (ref 27) such as the labyrinths which has been proved to represent trajectory of planets, such as Mercure, or Mars (see Annex B) which are by the way also looking like a 3D cosmic brain printer with such similar pattern. It is important to express the religious and spiritual aspects of such exercise, that our thoughts, actions, life path and all intentions remains always the rights ones, when we make the efforts and that finally we can stay in deep meditation to reach that cosmic unity.

C- From Alpha to Theta Waves

As an old practitioner of what is called the Buddhist meditation, as Cheryl Costa (ref 28), and in my case the Soto Zen meditation, I know the different stage of mind waves, starting from alpha and going to theta. (see the slow-down of the frequency and the increase of amplitude in Annex C and ref 29). Usually, the theta waves are reserved for the sleep or the dreamers, but indeed after some practice and a period of a few minutes of meditation we can fall into that different state where the mind is very quiet and our inner perception even if we should not be attached to them are much more acute and sensitive.

The exo-consciousness according to Rebecca Hardcastle (ref 25) **is different in the sense that once the theta phase is reached, this special sensitivity instead of not being cared, attached and followed, would be used to orient it to our far space connections**, a little like may be the Arecibo SETI radio-telescope... Why not?

My feeling and the Buddhist approach is that our mind and our heart is connected to the whole universe and once we are quiet, and we are not attached to anything, we should feel in unity even within our prayers and even within Christ consciousness could even be better realized, this is exo-consciousness too, isn't it?

This is why I believe that any advanced civilizations reached on that mode, eventually telepathically (ref 30), is probably (but not granted) a spiritual civilization.

D- Remote Viewing, Channeling & Telepathy:

When some people or so-called contactees claim to obtain information from their connections, I would first cross-check the quality level this information with the available possible verifications and would ask for such “validation assessment” necessary to go further.

Second, I would also evaluate the “ethical practice and the person reliability” in producing such statement. This is eventually to be made from several other sources when the questions are very challenging in terms of commitments for instance and prior to go further in the process. When need an “independent committee” of referenced persons group, could pursue the evaluation against the real concrete cases to be explored.

V : CONCLUSION: The way forward

The first conclusion of that research might be that there is so much work on the way ahead for the inner than for the outer work.

If this can be clear from this research-study I think I would have achieved half of my document objective.

The other half is to give hope by demonstrating that **« there is a sense », a sense in term of synchronicity as we are at the crossroads of our inner and outer development. We are following a « cosmic path » which is thanks to exopolitics pioneers, is showing us the future,** and from now also thanks to the new exoconsciousness pioneers and our meditation and prayers efforts, from where-ever it come from, Buddhism, Yoga, Christ Consciousness, are showing that when sincere, **they are no vain effort and they are all made on purpose.**

Finally, we can be sure that keeping that sense of that cosmic order, we will not fear any malevolent entities, as we are not fearing, under the tons of on-going evidence and good willing initiatives any skeptics, nihilists, wrongdoing and **that disclosure is already happening or going soon to happen.**

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Background

ET contact is undertaken using the CE5 protocols. CE5 stands for Close Encounters of the Fifth Kind. Unlike the more passive CE1 - CE4 experiences, a close encounter of the fifth kind is human-initiated.

CONTACT TYPES



Sighting
of an ET
craft



Physical
evidence of
an ET craft



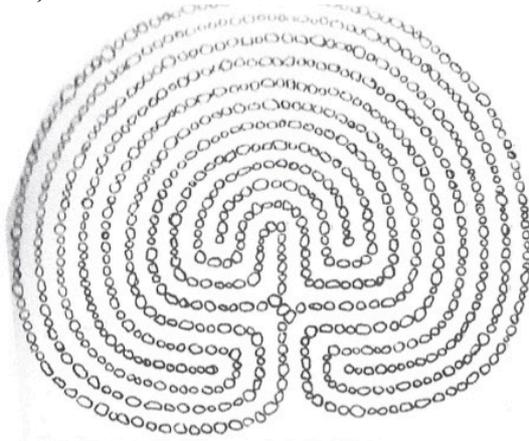
Sighting
of an ET
lifeform



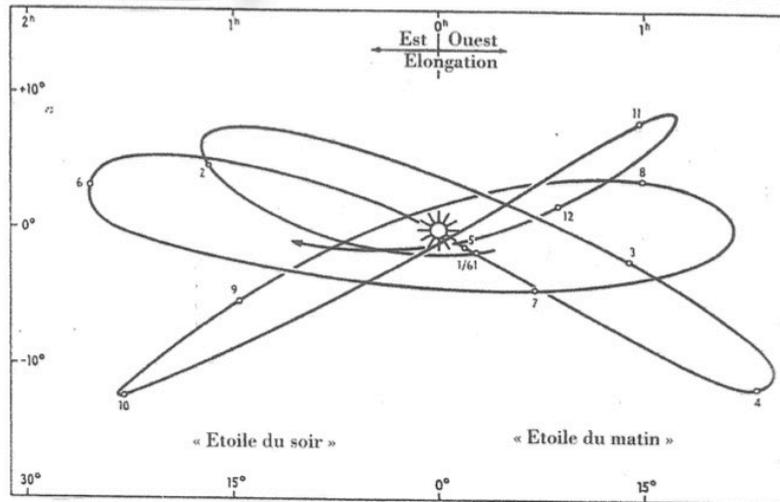
Experience
on-board
an ET craft



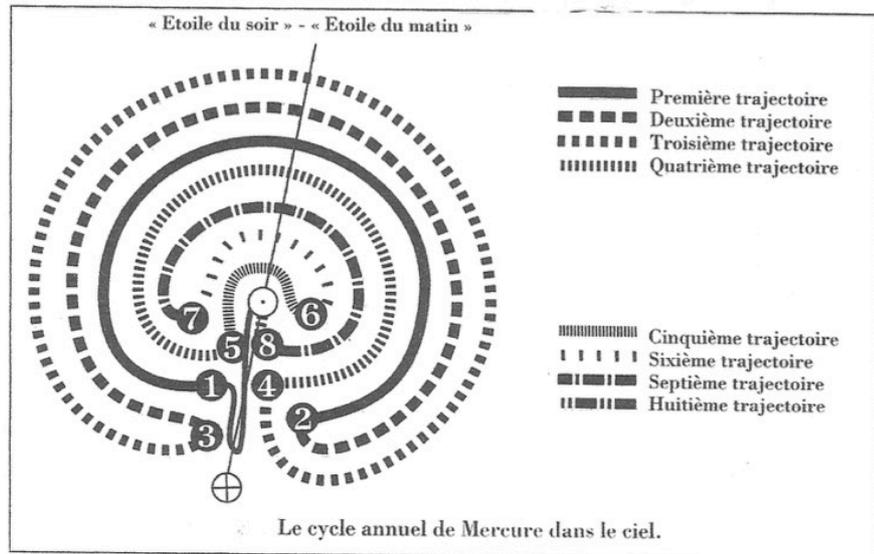
ANNEX B (ref 27)



Galberget, Visby, Gotland (Suède).
 Le labyrinthe classique à onze circonvolutions.
 La forme de base est construite avec deux L à chaque angle.
 On remarquera que Galberget est un labyrinthe droit (le premier tournant va vers la droite).



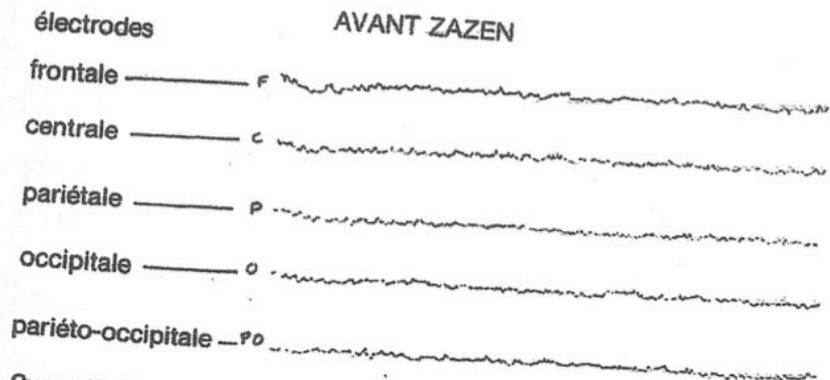
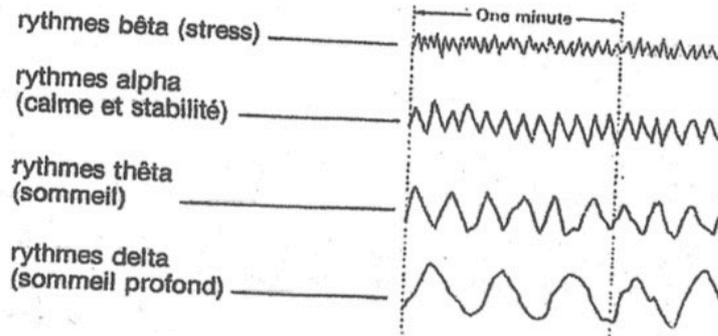
Mercure par rapport au Soleil en 1961 (d'après Joachim Schultz : *Movement and Rhythms of the Stars*,



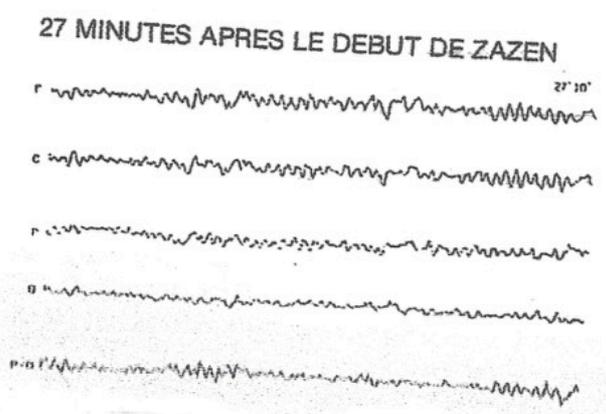
Visibilité :

- * Forte luminosité
- o Luminosité moyenne
- Faible luminosité

CHANGEMENT D'ETAT PSYCHOLOGIQUE PROVENANT DES RYTHMES DIFFERENTS



Sur cette figure et sur les suivantes, la séquence enregistrée dure 1 seconde, le courant est de 50 μ V (micro-volts)



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